


## October 2019 Snack and Lunch Menu

**Breakfast Served Daily – M/T/Th/F – Hot & Cold Cereal, Breakfast and Fruit Basket W – Waffles w/Syrup**

| Mon   | Tue   | Wed  | Thu  | Fri   |
|---|---|--|--|---|
|    | <p><b>1</b><br/>Strawberry Banana Yogurt and Graham Crackers</p> <p>Italian Sausage, Peaches, Cucumbers and Pita Triangles</p> <p>Chocolate Pudding Cups</p>  | <p><b>2</b><br/>Cranberry Orange Muffins and Milk</p> <p>Buttered Egg Noodles, Parmesan Cheese, Broccoli and Clementines</p> <p>Chocolate Hummus and Animal Crackers</p> | <p><b>3</b><br/>Bananas and Nutrigrain Bars</p> <p>Pancakes, Sausage and Blueberries</p> <p>Cheese Cubes and Crackers</p>                | <p><b>4</b><br/>English Muffins with Jelly</p> <p>Hot Dogs on a Bun, Green Beans and Applesauce</p> <p>Pineapples and Goldfish</p>  |
| <p><b>7</b><br/>Oranges and Kix</p> <p>Meatball Subs, Peaches and Broccoli</p> <p>Marinara Dip and Bread Cubes</p>                                    | <p><b>8</b><br/>Vanilla Yogurt and Blueberries</p> <p>Ham Rolls, Hard Boiled Eggs, Strawberries and Tortillas</p> <p>Cucumbers, Crackers and Dip</p>          | <p><b>9</b><br/>Blueberry Bread and Milk</p> <p>Macaroni and Cheese, Peas and Mixed Fruit</p> <p>Vanilla Pudding and Chocolate Animal Crackers</p>                       | <p><b>10</b><br/>Cantaloupe and Graham Crackers</p> <p>Scrambled Eggs, Hash Browns and Applesauce</p> <p>Apple Crisp with Whip Cream</p> | <p><b>11</b><br/>Bagels with Cream Cheese</p> <p>Keilbasa, White Rice, Green Beans and Pineapples</p> <p>Vanilla Ice Cream and Wafer Cookies</p>                          |
| <p><b>14</b><br/>Honeydew Melon and Rice Chex</p> <p>Teriyaki Chicken Bites, Lo Mein Noodles and Mixed Vegetables</p> <p>Bananas and Nilla Wafers</p> | <p><b>15</b><br/>Strawberry Yogurt and Apple Slices</p> <p>Pepperoni, Shredded Cheese, Grape Tomatoes and Crackers</p> <p>Teddy Graham Trail Mix and Milk</p> | <p><b>16</b><br/>Snickerdoodle Banana Muffins and Milk</p> <p>Rotini Pasta, Alfredo Sauce, Ham Cubes and Peas</p> <p>Orange Wedges and Goldfish</p>                      | <p><b>17</b><br/>Pears and Mini Rice Cakes</p> <p>French Toast, Peaches and Sausage</p> <p>Pineapples and Graham Crackers</p>            | <p><b>18</b><br/>Waffle Triangles and Berry Salsa</p> <p>Soft Beef Tacos w/ the Fixings, Salsa, Sour Cream, Corn and Pear</p> <p>Chocolate Hummus and Animal Crackers</p> |
| <p><b>21</b><br/>Peaches and Cinnamon Chex</p> <p>Cheese Quesadillas, Pineapple, Salsa, Sour Cream and Corn</p> <p>Cheese Cubes and Crackers</p>      | <p><b>22</b><br/>Vanilla Yogurt and Grape Nuts</p> <p>Turkey&amp;American Roll Ups, Oranges Cucumbers and Flatbread Strips</p> <p>Fruit Salad Cones</p>       | <p><b>23</b><br/>Pumpkin Chocolate Bread and Milk</p> <p>Spaghetti w/Marinara Sauce, Meatballs and Cauliflower/Broccoli Mix</p> <p>Grapes and Oyster Crackers</p>        | <p><b>24</b><br/>Pineapples and Cheerios</p> <p>Scrambled Egg Pinwheels, Ham Cubes and Pears</p> <p>Watermelon Fries and Yogurt Dip</p>  | <p><b>25</b><br/>Apple Turnovers and Milk</p> <p>Baked Italian Chicken, Yellow Rice, Carrots and Roll</p> <p>Orange/Yelow/White Jello Cups</p>                            |

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| <b>28</b><br>Apple Slices and BooBerry Cereal<br><br>Ham and Cheese Bone Sandwiches, Broccoli and Melon<br><br>Candy Corn Fruit Cups | <b>29</b><br>Vanilla Yogurt and Graham Bones<br><br>English Muffin Mummy Pizzas, Pineapples and Green Beans<br><br>Pumpkin Vegetable Tray with Dip | <b>30</b><br>Ghost Toast and Oranges<br><br>Hot Dog Spiders, Macaroni and Cheese and Cauliflower Brains<br><br>Bat Chips and Salsa | <b>31</b><br>Halloween Party Treats<br><br>Halloween Mini Pancakes, Sausage and Blueberries<br><br>Halloween Party Treats |     |